

# Acai Berry

## Nature's "Purple Gold"

PRODUCT CATALOGUE 2021



# KiKo



## DISCOVER THE POWER OF ACAI

---

Acai berries are a nutrient-dense food with very little sugar and plenty of promising benefits.

# What is Açai



Açai is a one-inch round berry that comes from the açai palm tree, which is native to rainforests of Central and South America. The berries have a deep purple skin, yellow flesh, and a large-sized seed inside. They're fairly similar to grapes in their size and structure—the seed takes up about 80% of the fruit itself. Açai berries have a slightly sweet-and-earthy flavor that's often compared to blueberries paired with very dark chocolate. Not to mention the berries are only about 70 calories a cup.

**Antioxidants:** The same plant component that gives the açai berry its deep purple color, anthocyanin, also acts as an antioxidant in the body. Açai has an incredible amount of antioxidants (three times the amount that blueberries offer), which will help neutralize the damaging effects of free-radicals in your body.

**Fiber:** At around 2 grams per serving, açai serves as a source of heart-healthy fiber in your diet.

**Low sugar:** If you're looking for a lower-sugar dessert swap, açai is perfect. It contains anywhere from 0 to 2 grams of sugar per serving, which is much less than almost any other fruit (let alone an ice cream cone, cake, or cookie).

**Calcium:** While not a significant source, açai does contain some calcium, which will help keep your bones, muscles, and heart strong.

# Açaí Berry Powder

Açaí Berry Powder



Great source of fiber and antioxidants (anthocyanins), supporting vitality and longevity. Contains diverse omega fatty acids – anti-inflammatory powerhouses that are necessary for optimal functioning. KIKO Organics Açai Powder blends perfectly into your smoothies, oatmeal, baking and dessert recipes.

- ✓ ORGANIC
- ✓ NON-GMO
- ✓ RAW
- ✓ VEGAN
- ✓ GLUTEN - FREE



KiKo

# Açaí Berry Puree

Açaí Berry Puree



Our Acai bowl mix is a delicious blend of our favorite antioxidant-rich super-berries and other amazing superfoods for good measure, like red maca, chia and lucuma.

No added sugars, no artificial flavors or colors, and no preservatives, just pure, organic ingredients. Organic, Non-GMO, vegan, gluten-free.

- ✓ ORGANIC
- ✓ NON-GMO
- ✓ RAW
- ✓ VEGAN
- ✓ GLUTEN - FREE





KiKo




KiKo

TEFF LIFE LLC

 1200 G Street Washington D.C, USA  
116 Albert St. Ottawa ON, Canada

 (+1613) 600-7771

 [www.tefflife.com](http://www.tefflife.com)